



CALABASH COVE

Windsong Restaurant

.....Juices & Beverages.....

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| Juices | \$ 10 |
| <i>local juices</i> | |
| Coffee French Press | \$ 20 |
| <i>caffeinated, decaffeinated</i> | |
| Tea Pot | \$ 20 |
| <i>local coco tea</i> | |
| Milk | \$ 10 |
| <i>regular, lactose free, half & half</i> | |

.....From The Bakery.....

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| Toasts | \$ 12 |
| <i>wheat, white, gluten-free, plain bagel, plain croissant pains au chocolat (chocolate croissant)</i> | |

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| Assorted Jams and Spreads | \$ 06 |
| <i>strawberry jam, grape jam, honey, cream cheese, and butter</i> | |

.....Light Breakfast.....

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| Cereals | \$ 10 |
| <i>special k, corn flakes, frosted flakes, raisin bran, granola</i> | |

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| Local Market Fruits | \$ 12 |
| <i>whole apple, passion fruit and banana,</i> | |

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| Fruit Plate | \$ 26 |
| <i>watermelon, cantaloupe, pineapple, banana, passion fruit</i> | |

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| Yogurts | \$ 10 |
| <i>plain, fruit</i> | |

Try our fruit OR protein smoothie \$ 28

.....Eggs Your Way.....

Scrambled Eggs \$ 35

Scrambled egg whites with jalapeno pepper

Omelets \$ 38
*plain or ham and cheese or bacon, cheese, sweet pepper,
tomato, mushroom, flakey salted cod fish, spring onions*

Fried Eggs \$ 38
sunny-side up, over medium, over easy, over hard

Coconut Pancakes \$ 26
plain, with homemade jam, honey, maple syrup, butter

SIDES \$ 12
*hash brown (2 per order)
bacon (3 per order)
Pork sausage (2 per order)*

.....Substance Breakfast.....

Toasted bagel \$ 36
*smoked salmon, capers, cream cheese and salad
Or ham, swiss cheese and green salad*

English Breakfast \$ 48
*eggs over easy, bacon, baked beans, sausages, tomato,
and sautéed mushrooms*

Traditional Eggs Benedict \$ 45
*toasted muffins, poached eggs topped with bacon,
ham and hollandaise sauce*

Saint Lucian Breakfast \$ 48
*flakey salted cod fish with hand rolled bakes, pickled
cucumber salad, boiled egg, green banana and avocado*

Brioche "Coco Tea" \$ 26
french toast with local honey and mixed berry compote

Windsong Special Breakfast \$ 68
accompanied with a fruit plate and local juice

*Prices in eastern Caribbean dollars (XCD) USD1.00 = XCD2.651
Inclusive 10% service charge and subject to 10% service charge*

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