



CALABASH COVE

Resort – Spa – Residences

Room Service Menu

Breakfast 7:30 am – 10:00 am

EC/US\$

The Continental

Pot of coffee or tea	20/8
Home baked croissants	13/5
Pains aux chocolat	13/5
Selection of yoghurts	9/4
Fresh fruit plate from the market	26/10
Four brown or white toast (4)	10/5
Selection of cereals	9/4

Substance

Bagel with smoked salmon and cream cheese and salad	36/14
The English egg; eggs over easy, bacon, beans, sausages, tomato, mushrooms	45/17
Three eggs omelet; bacon, cheese, peppers, onions, mushrooms, salt fish, chives	38/15
Saint Lucian breakfast; salt fish, bakes, cucumber salad, boiled egg, green figs, avocado	46/18
Traditional eggs benedict; bacon and ham with poached eggs and hollandaise sauce	45/17
Brioche “coco tea” french toast with local honey and mixed berries	23/9

The islander (Please ask about today’s St. Lucian breakfast special)

All Day Room Service 10:00 am – 9:30 pm

Soup of the day	26/10
Caesar’s salad with grilled asian flavored shrimps	55/21
Caesar’s salad with jerk chicken breast	46/18
Tempura shrimp with salad and wasabi mayonnaise	39/15
Cherry tomato and mozzarella tart with sweet candied onions	39/15
Prosciutto and swiss cheese, melted on ciabatta with fried plantains and salsa	44/17
Calabash burgers (fish, chicken, beef, vegetarian)	49/19
Strip loin of beef with a blue cheese sauce and country fries	87/34
Jamaican delice of pork with a Caribbean Salsa and roasted sweet potatoes	69/27
Spaghetti carbonara	60/24
Grilled catch of the day with mango salsa and pan fried plantain	65/25

Allow us to tell you about our Daily Specials

All prices are inclusive of 10 % vat and subject to 10% service charge B.J 7/21