



# CALABASH COVE

## Resort – Spa – Residences

### **Breakfast**

#### **Continental**

	<b>EC\$</b>
Home baked croissants	13.00
Pains au chocolat	13.00
Selection of yoghurts	9.00
Selection of cereals	9.00
Granola	9.00
Four brown or white toast	10.00
Fruit juice	10.00
Local coco tea	10.00
Fruit smoothie	26.00

#### **Substance**

Fresh fruit plate from the market	26.00
Bagel with smoked salmon, cream cheese and salad	36.00
Bagel with ham and cheese salad	32.00
The English; eggs over easy, bacon, beans, sausages, tomato, mushrooms	45.00
Three eggs “any style” with toast and bacon	38.00
Tree eggs omelet any style; bacon, cheese, peppers, onions, mushrooms, salt fish, chives	38.00
Saint Lucian breakfast; salt fish, bakes, cucumber salad, boiled egg, green fig and avocado	46.00
Traditional egg benedict; toasted English muffins, bacon and ham with poached eggs and sauce hollandaise	45.00
Calabash egg benedict; toasted muffins, salted cod, and smoked salmon with poached eggs and lemon hollandaise	48.00

#### **From the griddle**

Coconut pancakes with homemade jam and maple syrup	23.00
Brioche “coco tea” French toast with local honey and mixed	
Local fruit compote	28.00

#### **The Windsong breakfast**

Special of the day accompanied by a fruit plate and local juice	65.00
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**Prices in EC\$ inclusive of 10% vat and subject to 10% service charge**

**EC\$ 2.65 = US\$ 1.00**